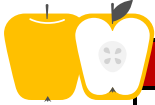





LaGrange Lunch October 2023

OPEN KITCHENS
Serving the Best



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/2/2023 World Vegetarian Day! WG Tortilla Chips 2oz Refried Beans & Cheese 1oz Cilantro Corn and Jalapeno Blend 3/4c Apple Cinnamon Applesauce 1/2c	10/3/2023 Turkey Sloppy Joe w WG Hamburger Bun 4oz Cauliflower 3/4c Pear 1/2c	10/4/2023 WG Turkey Sausage Pizza 4oz Baby Carrots 3/4 Orange 1/2c	10/5/2023 WG Pasta & Beef Balls 4oz Broccoli 3/4c Apple Cherry Juice 1/2c	10/6/2023  No Lunch
10/9/2023  No Lunch	10/10/2023 Chicken & Waffles 4oz Celery Sticks 3/4c Pear 1/2c	10/11/2023 WG Hot Dog Bun w/ Turkey Kielbasa 4oz Potato Salad 3/4c Orange 1/2c	10/12/2023 Buffalo Chicken Drumstick 2oz Mixed Greens 1/2c Apple 1/2c	10/13/2023 Chili Cheese Fries 2oz Cornbread Muffin 2oz Diced Tomatoes 3/4c Banana 1/2c
10/16/2023 Hamburger w/ WG Bun 4oz Red Bell Pepper Strips 3/4c Apple Cinnamon Apple Sauce 1/2c	10/17/2023 WG Turkey Sausage Pizza 4oz Broccoli Florets 3/4c Pear 1/2c	10/18/2023 Turkey Barboca 2oz WG Tortilla Chips 2oz Corn & Jalapeno Blend 3/4c Orange 1/2c	10/19/2023 WG Popcorn Chicken w/ Brown Rice 2oz Edamamae 3/4c Apple Cherry Juice 1/2c	10/20/2023 Chicken Sandwich Patty & WG Hamburger Bun 4oz Cucumber Slices 3/4c Banana 1/2c
10/23/2023  No Lunch	10/24/2023 Breakfast Sandwich For Lunch WG Plain Bagel 2oz Egg Patty 1oz Turkey Sausage Patty 2oz Seasoned Diced Potatoes 3/4c Pear 1/2c	10/25/2023 Chicken Drumstick 2oz WG Dinner Rolls 2oz Mixed Greens 1/2c Orange 1/2c	10/26/2023 Beef & Bean Tamal 4oz Diced Tomatoes 3/4c Apple Cherry Juice 1/2c	10/27/2023 Beef Meatball Sub w/ WG Hoagie Bun 4oz Green Beans 3/4c Banana 1/2c
10/30/2023 WG Turkey Sausage Pizza 4oz Celery Sticks 3/4c Apple Cinnamon Applesauce 1/2c	10/31/2023 Spicy Honey Popcorn Chicken 3oz Black Beans 3/4c Pear 1/2c	<p>NOTICE: The data contained within this report and the Mosaic Back of the Housefi Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.</p> <p>* All Grain/Bread items served are Whole Grain Rich.</p> <p>In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and reprisal or retaliation for prior civil rights activity.</p>		

